



# FACE MASKS 101

Wear a mask when you are in public places.

## Remember the basics:

- Wash your hands before putting on your mask and after taking it off.



- Don't touch the mask while you have it on, and if you do, wash your hands.



- Make sure it covers your nose and mouth.



- Continue to social distance, wash your hands, clean and disinfect, and stay home if you are sick.



## Types of masks:

### Cloth face masks



- Should fit snugly on the sides of your face.
- Not recommended for children under the age of 2. Children between 2-12 can wear with adult supervision.
- Should be washed after each use.

### Surgical masks



- Has a stiff edge that you can pinch to the shape of your nose.
- Not recommended for children under the age of 2. Children between 2-12 can wear with adult supervision.

### N95 masks



- Some require proper fitting to work best.
- Not recommended for children under the age of 12 or people with severe heart or lung conditions.
- If no other mask is available, they may be reused a limited number of times if they remain clean and intact.

